



PLAYING OUT OF AGE GROUP



1. **Playing Down:** A player may request in writing to the board to play below their age appropriate level due to health or safety concerns. Requests will be reviewed by the board for approval.

2. **Playing Up:** A player may request to play up with the following conditions:

- Provide this written request to the board at registration
- Approval by the LNGS Board of Directors
- Space for players in the division
- Played one year in their age appropriate LNGS division
- Player may only play up **one** age level
- Player must evaluate in **BOTH** the age-appropriate **and** requested division
- Must be drafted by the 5th round of the draft in the division requested
- All decisions are final.



3. **All-Stars:** A player is only eligible to play All Stars in their LNGS age appropriate division, regardless of the division of participation.

Player Name: _____ Date: _____

Please provide a personal statement describing your request:

Signature of Parent

